

FREE

Vol. 25 Issue 07/14

Friday 21st Feb - Thursday 27th Feb 2014



KINSALE ADVERTISER

INCLUDING THE GUIDE TO **WHAT'S ON** IN KINSALE & DISTRICT

Tel: 021 477 4313 :: Web: www.kinsaleadvertiser.com :: Email: info@kinsaleadvertiser.com

We believe in **value**

smith's of Kinsale **SuperValu** Real Food, Real People



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(Details Instore)



€3 EACH

Sure AFX Range 125ml was €4.59

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Magics Premium Nappies Size 1-6
(From 10c per Nappy)

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PullUps

From €3.34
Huggies Pull Ups Night Time was €6.68

€1 EACH

Heinz Microlift 60g
Heinz Pouch Selected Range 100g - 130g

2 FOR €4.50

€3.69 Each
Cow & Gate Growing Up Milk Stage 1/2 1ltr

2 FOR €5

€2.99 Each
Aptamil Growing Up Milk Stage 1/2 1ltr

€6

6x64 HUGGIES
Huggies Pure Wipes 6 x 64pc



...there for Mum!

Offers valid until Wednesday 26th February 2014, unless otherwise stated.

From 80c Range 125ml x 3, Palmolive Dish Soap 600ml x 2, Heinz Pouch Selected Range 100g - 130g, €1.00/kg, €1.00/kg, all offers subject to availability while stocks last. Customers pay as apply.

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Email: kinsale@supervalu.ie Online: shop.supervalu.ie
Opening Hours: Mon-Sat 8am-9pm, Sun 8.30am-9pm

INSTORE | ONLINE | MOBILE
www.SuperValu.ie



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Massage ~ Facial Firming ~ Hot Stone
Massage ~ Sports Injuries ~ Head
Massage ~ General Well Being
Hot Stone Massage a Speciality

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M: 086 368 3968

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- AROMATHERAPY FACIAL
- SPORTS MASSAGE

Please contact Marion
KINSALE CHIROPRACTIC CLINIC
Short Quay, Kinsale
087 7744 676



**THE
SILENT BANJO**
Main Street, Kinsale

Saturday 22nd February
10.30pm til late

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ALL TYPES OF ACCOMMODATION WANTED

for the May Bank Holiday
(2nd-4th May - 7s Rugby Weekend)



B&B, Self Catering
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Ballinadee, Bandon, Co. Cork
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web: www.fasttrackbroadband.ie

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Tandoori Et Balti Restaurant

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69 Main Street, Kinsale.

Tel: 021 477 7911 or 021 477 7163

Clonakilty

37 Ashe Street, Clonakilty.

Tel 023 8835957 or 023 8836626

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Multi-award winning best Indian & Pakistani Cuisine

You can enjoy our super, authentic home cooked & guaranteed mouth watering Indian & Punjab dishes from Goa to Khyber Regions - All prepared and cooked to the highest quality - with FREE boiled or pilau rice with every main course dish.

We have spent several years researching the traditional cuisine of Eastern communities who have been persuaded to part with their jealously guarded family recipes, resulting in a huge variety of very mild to hot dishes.

**Why not try something very mild for your first taste of curry.
We are sure you will be delighted.**

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SPECIAL MENU**

Sunday to Thursday
4pm to 7pm

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SPECIALS**

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FRI: 8.30am-5.30pm, SAT: 9.30am-3.00pm

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- Vehicle Suppression Systems
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- Health & Safety training

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Mark Costelloe, Director, Ballyvrin, Dunderrow, Kinsale, Co. Cork

The Huntsman Bar & Restaurant, Belgooly



Tel: 021 477 0666

www.thehuntsmanbelgooly.com

FOOD SERVED

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4 Course Sunday Lunch €22.95

February Special
TEA FOR A TENNER
Monday to Thursday 5.30pm to 8pm.

Cheltenham Preview Night
With trainers Jimmy Mangan, John Murphy,
Robert Tyner and also jockeys on the night.
Thursday 6th March at 8.30pm
Tickets available from the bar: 2 for €20



TRAD SESSION

Friday 21st February

(and 3rd Friday of every month)



Laura Hagger Podiatry Clinic

D.Pod.M, M.Ch.S.I, S.R.Ch.

SPECIALIST FOOTCARE/CHIROPODY CENTRE

- Routine Footcare
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- Orthoses & Insoles
- Sports Injuries
- Children's Foot Health
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- Rid your feet of fungal nails with the Laser Genesis Plus!
- Effective drug free treatment for onychomycosis.
- Blast those verrucae and warts with fast effective laser treatment.



By Appointment: 021 477 9578

No. 26 Haven Bay Apt, Ballinacubby, Kinsale



CLINIC FOR Physical Therapy - Rehabilitation Functional Exercise

26 Haven Bay Apts., Kinsale

Some Conditions treated in the clinic:

- Headaches
- Migraines
- Neck Pain
- Back Pain
- Shoulder Pain/ Problems
- Elbow/Wrist Problems
- Carpal Tunnel Syndrome
- Postural Distortions
- Hip Pain/ Discomfort/Problems
- Knee Pain/Problems
- Ankle/Foot Problems
- Sciatica
- Nerve Entrapment
- Joint Pain/Discomfort
- Strains/Sprains
- Sports Injuries/Recovery
- Soft Tissue Repair
- Connective Tissue Repair
- Muscular Disorders/ Conditions
- Coordination Development
- Loss of Balance
- Stiffness
- Impaired Mobility
- Functional Exercise

Please call for your appointment: **Sabine Graef** (BEd., SMT, NMPT)

Mob. 087 9872783 Email: sabinegraef@eircom.net

No. 26 Haven Bay Apt, Ballinacubby, Kinsale



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THE
ARMADA
BAR & GUESTHOUSE
Pearse Street, Kinsale
Tel: 021 477 2255

Saturday 22nd February
Dc DJ Dennis Collins

Saturday 1st March
The Shinkickers
Classic Rock & Blues

DARTS - POOL - RINGS

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NEW ON TAP: Proper Job IPA, Tribute, O'Hara's Red Ale, Stowford Press Westons Cider, Metal Man Cask Ale, 8° Howling Gale, Abbot Ale, Carrig Irish Craft Lager

**Music Venue
Guardwell, Kinsale**

T: 021 4772382

www.folkhousevenue.com



FRI 21st FEB

10.30pm

G.D.R.

3 Piece Rock Covers

SAT 22nd FEB

10.00pm

CRAZY CHESTER

5 Piece Folk Rock Covers

SUN 23rd FEB

9.00pm

KING K

5 Piece Rockin' Covers

THUR 27th FEB

9.30pm

MIKE & RORY

2 Piece Folk/Contemporary Covers

FRI 28th FEB

10.30pm

AFTERHOURS

3 Piece Folk Rock Covers

SAT 1st MAR

10.00pm

INDIGO

**ALL PARTIES
CATERED FOR
IN THE
GREEN ROOM**

**ALL SPORTS
SHOWN
ON 2 BIG
SCREENS**

Bacchus Nightclub

FRI 21st FEB - DJ MARK

All the Old & New Classics. Doors 11:30pm - Free b4 12:00am

SAT 22nd FEB - DJ SEAN

90s Club Classics & Chart. Doors 11:30pm - Free b4 12:00am

FRI 28th FEB - DJ MARK

All the Old & New Classics. Doors 11:30pm - Free b4 12:00am



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Jim Edwards

BAR & RESTAURANT

We will be closed for renovations
from Monday 24th February
Re-opening Friday 28th February at 6pm.



Tel: 021 477 2541
www.jimedwardskinsale.com

Gift Vouchers Available

Excellent Ensuite Accommodation



COLOUR & STYLE DAYS

www.jenniwhitestyleandcolour.com

SAT 22nd February
O'Donovans Hotel,
Clonakilty

SAT 8th March
O'Learys & Daughters,
Bandon

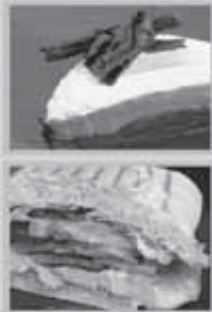
10.30am - 4.30pm
€75 per person - 6 places only
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Healthy Options - Takeaway Available
Kids Menu - Great Coffee
Homemade Cakes & Pastries

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Vibrant and Comfortable Atmosphere

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Kinsale Yoga Centre

68 Lower O'Connell St, Kinsale
YOGA - PILATES - TAI CHI



SPRING TIMETABLE 2014

MONDAY	Pilates on the Ball 10.00 - 11.00am Rose 087 1332326	Mother & Baby Yoga (6 wks to crawling) 11.15 - 12.15pm Fiona T 086 0529129		Prenatal Yoga 6.15 - 7.30pm Eileen 087 2383849	Yoga for Wellbeing 7.45 - 9.00pm Eileen 087 2383849
TUESDAY	Yogilates - Heated Fusion 10.00 - 11.00am Eileen 087 2383849	Over 50s Yoga 11.15am - 12.30pm Eileen 087 2383849	Mens Yoga 5.15pm - 6.30pm Fiona T 086 0529129	Well Woman Yoga 6.30 - 7.45pm (6 wk course €65) Fiona T 086 0529129	Yin Yoga & Restoratives 8.00 - 9.15pm Eileen 087 2383849
WEDNESDAY	Pilates 10.00 - 11.00am Rose 087 1332326	Beginners & Improvers Yoga 11.15am - 12.15pm Starting 5 March Martina 087 6166109	Kids Story Yoga 8 - 12yrs (Course only) 3.30 - 4.30pm 4.45 - 5.45pm Mary 087 7623822	Hot Yoga 6.15 - 7.30pm Patricia 087 7637514 (Special offer: 4 wks €40)	Pilates 8.00 - 9.00pm Patricia 087 7637514 (Special offer: 4 wks €40)
THURSDAY	Hatha Yoga 10.00 - 11.30am Rose 087 1332326			Vinyasa Flow Yoga 6.30 - 7.30pm Veronique 087 3934389	Beginners & Improvers Yoga 8.00 - 9.00pm Starting 6 March Martina 087 6166109
FRIDAY	Tai Chi 10.30am - 12.00pm Pam 085 1691304 (€15 drop in, €60 for 5wks)				
SATURDAY	Hatha Yoga 10.00 - 11.15am Rose 087 1332326	Tai Chi 11.30am - 1.00pm Yogi Cho 085 1691304 (€15 drop in, €60 for 5wks)			

To book classes please phone or text teachers.

Courses usually 6 weeks, €60 payable in advance & drop-in €12, unless otherwise stated.

Website: www.kinsaleyogacentre.com General enquiries: 087 6166 109





Communions & Confirmations

Looking for the perfect venue to hold a communion/confirmation?
We have the perfect place.

Blue Haven, Kinsale
Restaurant and Bistro

Call 021-4772209 or email info@bluehavenkinsale.com

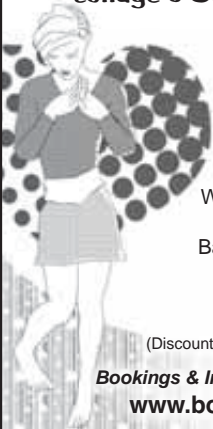
*Menu available for €24.95 for adults and €13 for children.
So why not come to Blue Haven, Kinsale for a superb day
with a delicious menu, great atmosphere and great
service in the surroundings of beautiful Kinsale.*

www.bluehavencollection.com



Kids Art Workshops Make A Real Comic!

Drawing, colouring, story-telling,
collage & 3D art projects!



KINSALE:

Tuesdays from 25th Feb
2pm - 3pm / 3pm - 4pm
St. Multose Hall

BALLINSPIITTE:

Wednesdays from 26th Feb
2pm - 3pm / 3pm - 4pm
Ballinspittle Community Hall

6 Weeks €60

incl. materials & snacks
(Discounts for siblings & KukSoolWon kids)

Bookings & Info: **Fiona 087 7844 902**
www.boniwellgrafikarts.com

Kitty O Se's

~ Pearse Street, Kinsale ~

LIVE MUSIC
THIS WEEKEND

Friday 21st February
MIKE ON FIDDLE

Saturday 22nd February
BANJO JIM

Sunday 23rd February
NATURAL GAS

Actons

of Kinsale

New 2014 & 2015 Wedding Proposal

*including our Grá mo Chroí (Love of my Heart) Package
& Mid-Week & Off-Season Packages*

2014 dates still available



PLEASE CONTACT

Mary K. O'Donovan, Conference & Banqueting Manager
mkodonovan@actonshotelkinsale.com 021 4779900



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you coming back for more!

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Extensive Bar / Snack menu
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FREE WiFi available to
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KINSALE

Pink Ribbon Walk.ie

to benefit
action breast cancer



KINSALE IS GOING PINK!

FOR THE KINSALE PINK RIBBON WALK

Sunday 2nd March, 12 noon



**Why not fundraise on
www.mycharity.ie**

as you can promote your campaign through Facebook or get together as a team? Every euro counts and goes directly to Action Breast Cancer, a programme of the Irish Cancer Society.

Thank you to all our volunteers for helping us turn Kinsale Pink last weekend. If you can help us on Saturday 1st March or are willing to steward Sunday 2nd March, please contact Margaret Murphy 086 818 3577.

Many thanks to our Pink Partners in Kinsale, Ballinspittle, Belgooly & Riverstick for your generous support.

If any businesses would like a Pink Pack, please collect one at Finishing Services or Kinsale Pharmacy. All donations gratefully received.

We look forward to welcoming visitors from Cork, all over Ireland and the UK for the weekend so let's make sure we're ready for action!

YOU CAN STILL REGISTER NOW
on **www.pinkribbonwalk.ie**

or contact **086 271 9556** for more information



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Guardwell, Kinsale.



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Doodle 4 Google Competition.

**Congratulations and best of luck to
Rohan Crowley of Kinsale area.**

His entry has been selected for the public voting -
Finalist Stage of the Doodle 4 Google Competition
with his picture called The Google, the Bad and the Ugly.

Voting is open until 10th March.

You can view his doodle and vote online at
www.google.ie/doodle4google/vote.html#d=d2-3

Should Rohan become the overall winner the school would also
win a €10,000 technology grant, so please get family & friends to
visit the website and vote for Rohan and share on social media.





ROGUE

PERSONAL TRAINING



START TIME	MONDAY	TUESDAY	WEDNESDAY
6.45am	Spinning	Boot Camp (Outdoor - starting 4th March)	Spinning
7.00am			
8.15am			
9.30am		Ladies Circuits	
10.00am	Pure Pilates Matwork		Barre
10.30am		Ladies Circuits	
11.15am	Improver Pilates		
6.15pm		Ladies Circuits	
6.30pm	Spinning	Spinning	Spinning
6.45pm	Beginner Pilates Course		
7.30pm		Pilates Total Body Sculpt & Tone (7.15)	HIIT & Interval Training
8.00pm	BarreConcept		
8.25pm		NEW HIIT Pilates Course (35 mins)	

To book call 021 477 7533
www.roguefitness.ie This

FITNESS



G & FITNESS CLASSES

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Spinning		Spinning & Core	
			Men's Intense Circuits
			Spinning & Core
	Ladies Total Body Blast (9.15)	L.B.T Legs. Burns. Turns.	Total Body Sculpt (6-Wk Course starting 1st March)
Concept			
	Ladies Total Body Blast (10.15)		Total Body Sculpt (6-Wk Course starting 8th March) (10.45)
	50+ Pilates		
	Ladies Total Body Blast		
Spinning	Spinning		
WIRL - High Intensity Interval Training	Men's Intense Circuits		
	BarreConcept		

PAY AS YOU GO
 €10

6 CLASS PASS

€55
 ANY CLASS ANY TIME

10 CLASS PASS

€85
 ANY CLASS ANY TIME

38 or email classes@roguefitness.ie
 3rd Floor, The Granary, The Glen, Kinsale



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Ena's Hair Salon

Ballinspittle, Co. Cork. 021-4778776

SPECIAL OFFERS FOR FEBRUARY

LISSE DESIGN PROGRESSIVE SMOOTHENING TREATMENT

with Keratin based technique,
Velvety, glossy, tangle-free hair, Lasting results
Eliminates frizz, Paraben-free, Salt and Sulphate-free
Maintenance products

100% Safe - Conforms to EU and International standards

€40 for 4 weeks: Treatment only

€100 for 12 weeks: Includes home products

HAIR BOTOX TREATMENT

€20 EXTRA ONTO WHATEVER TREATMENT
YOU ARE HAVING: CUT, BLOWDRY ETC.

Specialising in



COLOUR HERBE
Permanent Hair Colour

THINK PINK!!

Come have Cake and a Drink!

PINK CAKE SALE

in aid of Action Breast Cancer Supporting Kinsale Pink Ribbon Walk



AT



Ena's Hair Salon

Ballinspittle, Co. Cork 021 477 8776

Sunday 23rd February 10am - 2pm

THE SHACK

ON MAIN STREET



RE-OPENING
**THURS
27TH
FEB**

• KINSALE •

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Fresh Fish, Authentic Pasta
& Tasty Vegetarian Dishes!*

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Serving Kinsale, Carrigaline, Ballygarvan
& surrounding areas.

Gastric Band Hypnosis using **Hypno-Band**
Weight Loss System®

Stop Smoking in One Session



SUSAN MCELLIGOTT

Clinical Hypnotherapist,
Psychotherapist, CHPA Supervisor

CBT, Reiki, successfully treats
anxiety, depression, phobias, OCD,
IBS, confidence, relationship/
marital conflict issues, in fact
any emotional issue.

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or call Susan on 021 4373057 or 086 8776935



FOOT LOOSE

KINSALE

64A Main Street, Kinsale.
Phone/Fax: (021) 477 7898

Open 7 Days: Mon-Sat 10am-6pm & Sun 12pm-6pm

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Gift Vouchers Available Deposits Taken

STOCKISTS OF

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Marian, Ruby Shoo, Marila, Dubarry, Geox,
Ricosta, Converse, Tommy Hilfinger & more.



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A Sample from the Menu

STARTERS

Trio of Fish Cakes

with Crème Fraiche Herb Dressing

Warm Rose of Cured Salmon Gravlox

with Sweet Dill Mustard Dressing

**Smoked Chicken, Mango
& Avocado Mille Feuille**

MAIN COURSES

Lemon Sole

*stuffed with Scallop & Prawn Mousse,
Saffron, Herb & Prawn Cream Sauce*

Fillet of Beef Wellington

with Dauphinoise Potatoes & Wild Mushroom Madeira Sauce

**Caramelised Onion, Spinach
& Gruyère Cheese Tartlet**

served with Organic Salad, Sun-blushed Tomatoes & Basil Oil

Saddle of Venison

*with Fondant Potatoes, Braised Cabbage with
Irish Sweet Cured Bacon & Redcurrant Port Sauce*

DESSERTS

Lemon Tarte

served with Chantilly Cream & Fruit Coulis

**Passion Fruit &
White Chocolate Cheesecake**

Selection of Irish Cheese

HOBYS

RESTAURANT

**RE-OPENING WITH NEW OWNERS
ON THURSDAY 27th FEBRUARY 2014**

Book now to avoid disappointment

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Free Function Room Available for 20 - 30 People
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Kinsale Golf Club Pro Shop

GOLF CLEARANCE SALE

All 2013 Hire Sets Now for Sale
Only 10 Sets Available

IRONS, WOODS, PUTTER & BAG: €100

Don't miss your chance to buy a top brand set of clubs really cheap!

ALSO ON CLEARANCE

Adizero 2013 Shoes were €159 **NOW €89**

Titleist Nxt Balls were €50 **NOW €35**

Swami G.P.S. was €159 **NOW €119**

All available at Kinsale Pro Shop Open 7 days a Week

Lessons available with PGA Pro Ger Broderick

021 477 3258 or 087 238 6416



PHYSIO FIT KINSALE

Dear Kinsale

PhysioFit will shortly be opening a dedicated **Physiotherapy Clinic** at CrossFit Gym, Farm Lane (behind Bandon Co-op) on Monday 24th February.

Karen Mason, Chartered Physiotherapist and Pilates Instructor has worked privately in Kinsale for seven years. Her dynamic approach to Physiotherapy works holistically and enables solution focused therapy with one aim in mind; your well being and physical recovery.

Her team comprises of young, energetic and dedicated Chartered Physiotherapists delivering the most modern treatments in Physiotherapy, Pilates, sports injuries and general injury prevention and rehabilitation.

The practice will be provided in conjunction with CrossFit Kinsale but operated independently by us at PhysioFit. PhysioFit looks forward to welcoming you to our new premises at Farm Lane.

Tel. **087 823 2672**

Email: karenphysio@hotmail.com

Birthday Celebrations For.....

Bel Ami

HAIR STUDIO

PEARSE ST, KINSALE 021 477 7337

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OMG

25% OFF

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COLOUR SERVICE

10% OFF

Every

WASH, CUT & BLOWDRY

14TH FEB-

31ST MAR

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The White House

FULLY LICENCED GUESTHOUSE & BAR



Guest Accommodation
4 Star AA Guesthouse



Food Served 8am to 10pm
~ Special Value Menu ~



LIVE MUSIC

Friday 21st February

PUC AR BUILE

Thursday 27th February 9.00pm

SHANE & FRIENDS

LIVE SPORT

**PREMIERHIP SOCCER
& CHAMPIONS LEAGUE**

6 NATIONS RUGBY

Friday 21st February

Wales v France 8.00pm

Saturday 22nd February

Italy v Scotland 1.30pm

England v Ireland 4.00pm



Your hosts *The Frawley Family & Staff*
T: 4772125 www.whitehouse-kinsale.ie



We are thrilled to announce that Dylan Keating, 2nd Class pupil at Summercove NS, is through to the final of Doodle4Google 2014.

Please vote for Dylan at
www.google.ie/doodle4google/vote.html#d=d2-11

Voting is open until 10th March.

Please encourage friends/family/work & social media buddies to vote on phones/ipads/pc/laptops etc.

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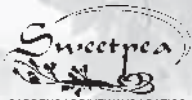
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MIRACULOUS PRAYER

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it.

Then in his merciful eyes it will become your favour, not mine, Amen.
Say this prayer for 3 days, promise publication and the favour will be granted, no matter how impossible. Never known to fail.

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KINSALE ADVERTISER

WHAT'S ON IN KINSALE

FRI 21st FEB - FRI 28th FEB 2014

FRI 21st FEB

BACCHUS NIGHTCLUB:
DJ Mark, 11.30pm.
BLUE HAVEN:
Barefoot Gypsies, 10pm.
COLLINS KINSALE PHARMACY:
Fuschia VIP Event,
11am - 4pm.
FOLKHOUSE:
G.D.R., 10.30pm.
HAMLETS:
DJ Rayz.
HUNTSMAN, BELGOOLY:
Trad Session.
KINSALE ST. PATRICK'S DAY PARADE COMMITTEE:
Coffee Morning & Cake Sale, Temperance Hall.
KITTY O'SÉ'S:
Mike on Fiddle.
WHITE HOUSE:
Puc Ar Buile.

SAT 22nd FEB

ARMADA BAR:
Dc DJ Dennis Collins.
BACCHUS NIGHTCLUB:
DJ Sean, 11.30pm.
BLUE HAVEN:
King K, 10pm.

BANDON CO-OP:

Spring Gardening Demonstrations at Bandon.

FOLKHOUSE:

Crazy Chester, 10pm.

HAMLETS:

DJ.

JENNI WHITE COLOUR & STYLE DAYS:

O'Donovan's Hotel, Clonakilty.
10.30am - 4.30pm.

KITTY O'SÉ'S:

Banjo Jim.

SILENT BANJO:

Cadillac Cats, 10.30pm.

SUN 23rd FEB

BLUE HAVEN:

Darren & Friends, 9.30pm.

FOLKHOUSE:

King K, 9pm.

KITTY O'SÉ'S:

Natural Gas.

PINK CAKE SALE:

At Ena's Hair Salon, Ballinspittle, 10am - 2pm.

MON 24th FEB

BLUE HAVEN:

Mike O'Riordan, 9.30pm.

DALTONS BAR:

Traditional Irish Music.

TUES 25th FEB

BLUE HAVEN: Sonnie & Friends, 9.30pm.

KIDS ART WORKSHOPS:

2pm-3pm / 3pm-4pm.
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KIDZ CLUB:

12.30pm - 1.30pm.

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PARENT AND BABY/ TODDLER CUPPA & CHAT:

Temperance Hall, 10am - 12noon.

WED 26th FEB

BLUE HAVEN:

Niall McCabe, 9.30pm.

KINSALE FARMERS MARKET:

9am - 2pm.

KIDS ART WORKSHOPS:

2pm-3pm / 3pm-4pm.
Ballinspittle Community School.

THURS 27th FEB

BLUE HAVEN:

Jack Crosbie & Ben Dillon, 9.30pm.

FOLKHOUSE:

Mike & Rory, 9.30pm.

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KIDZ CLUB:

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1yr - 5yrs.

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THE SHACK:

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WHITE HOUSE:

Shane & Friends, 9pm.

FRI 28th FEB

BACCHUS NIGHTCLUB:

DJ Mark, 11.30pm.

BLUE HAVEN:

Love Junkies, 10pm.

FOLKHOUSE:

Afterhours, 10.30pm.

HAMLETS:

DJ Rayz.

JIM EDWARDS:

Reopening after renovations.



The volunteers of Kinsale RNLI wish to say a sincere thanks to the many people who came along and supported the Loveboat SOS Coffee Morning on Valentine's Day.

Thanks to you, we raised the amazing sum of €1,525 for the RNLI - the Charity that Saves Lives at Sea.

MIRACULOUS PRAYER

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it. Then in his merciful eyes it will become your favour, not mine, Amen.

Say this prayer for 3 days, promise publication and the favour will be granted, no matter how impossible. Never known to fail. M.L.

RICHARD RAINY ARCHITECTS

We are moving office from Rampart Lodge in the Ramparts, Kinsale, to 71 Lower O'Connell Street at the end of February.

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